

VIRTUAL TRAINING CALENDAR 2025



Contents

02

About Psychology Associates

03

Why choose our training events?

04

Meet our Trainers

06

Our 2025 Training Events

12

Contact Us



Who are we?



We are a multidisciplinary team of Clinical, Counselling and Educational Psychologists, Specialist Counsellors and Occupational Therapists and we are all experts in our fields.

Psychology associates was founded in 2000 and for over 20 years we have been providing training, workshops and CPD programmes to a broad spectrum of organisations, nationally and internationally including NSPCC, Barnardo's, Aerospace, Local Authorities, solicitors, schools and education settings.

We strive to make a meaningful difference through evidence based and effective interventions including therapy, consultation, assessment, supervision, and our training. We are constantly developing new training programmes to reflect developments in research and as our expertise expands.

In 2023, Ofsted rated us an 'Outstanding' Adoption Support Agency with incredible feedback including: *"The agency succeeds in offering a wide range of specialist training, both nationally and internationally, to share its knowledge and expertise."*

With every service we offer, we deliver ethical and innovative approaches to ensure we provide the most meaningful outcomes for our clients.

Our 2025 Calendar

3

We are excited to bring you a broad range of virtual training events delivered by a number of our highly skilled and experienced multidisciplinary team members.

We offer group, charity and trainee **discounts** as well as **subscription booking packages**.

Please contact us for further information.

How does our training work?

Upon booking and paying for your training place, you will receive a confirmation email securing your place.

Nearer to the date of the event you will receive the joining instructions and digital resource pack.



Why choose us?



Our multidisciplinary team of clinicians are experts in their field and registered with relevant professional bodies with vast experience in providing training.



We provide deeper understanding of topics as well as opportunities to practice and enhance practical skills.



Our trainings are thought-provoking, relevant and draw upon the most contemporary research and evidence.



We're dynamic in our training - we really want you to learn and inspire thoughts and confidence in your work.



Dr Adam Lewis-Cole, Senior Educational Psychologist and Lead for Education Services

Adam is experienced in working with children, young people, staff and families as well as with providing assessment, consultation, supervision, intervention and training. He has particular interests in supporting schools and systems to understand and support the impacts of developmental trauma and social-emotional needs.



Dr Cara Redmond, Consultant Clinical Psychologist and Lead for Adoption and Fostering Services

Cara specialises in a wide range of areas surrounding child development and psychology, including developmental trauma, attachment, anxiety and depression. Her areas of specialist expertise are working with complex trauma, emotional dysregulation and self-harm and has provided training for over 10 years.



Elisabeth Carney-Haworth OBE, Co-founder of Operation Encompass

Elisabeth is a qualified teacher who has worked in and across primary and early year's education in a number of different local authorities. She has undertaken a range of different roles, from being a Head Teacher of a primary school, a Local Authority Advisor and a Local Authority Inspector before returning to headship.

In 2010, she co-founded Operation Encompass, a scheme that supports children experiencing domestic abuse. They have directly influenced the new Domestic Abuse Bill.



Dr Emma Corrigan, Director and Consultant Educational Psychologist

Emma has extensive experience of working with families, schools and education providers to support children and young people in their educational progress and achievement. Emma provides assessment, coaching, training and supervision, including to fellow Educational Psychologists. Emma is passionate about embracing systemic approaches to strengthen young people's participation, wellbeing and inclusion. Emma works closely with national charities and organisations to support research, practice and service development and also provides expert opinion assessments for the Courts.



Hannah Avent, Highly Specialist Occupational Therapist

Hannah specialises in Sensory Attachment Intervention and Ayres Sensory Integration. She is also trained as a Mindfulness in Schools Teacher, EcoSensory Therapy Practitioner and a Laughter Yoga Leader. Hannah adopts a holistic approach, valuing the whole person, and is dedicated to educating people on their nervous systems and how to regulate them.



Dr Karen Kershaw, Director and Consultant Clinical Psychologist

Karen specialises in supporting children, families and adults with difficulties such as developmental trauma, anxiety and low mood. She also undertakes complex assessments with individuals and families, including diagnostic autism assessments. Karen has extensive experience in providing support to businesses and organisations.



Dr Rebecca Tucker, Registered Clinical Psychologist

Rebecca has considerable experience working with adults, children, young people, couples and families working with a range of difficulties, such as anxiety, depression, trauma, abuse and bereavement.



Dr Rhianne Hanbury, Clinical Psychologist and Lead for Therapy

Rhianne specialises in working with children, young people and families. She has over 10 years of experience supporting children and young people with complex emotional difficulties in a range of settings including social care, Youth Offending Teams, CAMHS and early intervention with primary schools.



Dr Sue Candy, Founder, Director and Consultant Clinical Psychologist

Sue has over 20 years' experience in providing expert witness testimony to the Courts, including high profile cases, with particular specialism in assessing parenting capacity and attachment. Sue, for many years, has provided clinical supervision and support to senior and highly experienced Psychologists and has a special interest in brain development, attachment and trauma.

Our Training Events

TRAINING DESCRIPTION

KEY DETAILS

UNDERSTANDING AND SUPPORTING ANXIETY IN YOUNG PEOPLE, EXPLORING RAMPs (Reducing Anxiety Management Plans)



- Enhance your awareness of understanding and supporting anxiety in young people.
- Examples will be shared of how RAMPs can provide holistic support working with the child, their family and school/education setting.



**28TH JANUARY 2025,
2.30PM-3.30PM**



**DR EMMA CORRIGAN &
DR ADAM LEWIS-COLE**



FREE



Suitable for all education setting staff, adoption support agency staff, social workers and parents/carers.

ASSESSING SAFE PARENTING



- Explore the factors that impact parenting capacity as well as how to assess if a parent is a safe carer and, if not, what needs to happen for them to become safe.
- Gain greater awareness of healthy parenting brain systems, with examples drawn from clinical work.
- Learn strategies to build increased parenting capacity.



**25TH FEBRUARY,
10.00AM-3.00PM**



DR SUE CANDY



£65 + VAT (78 INC VAT)



Suitable for social workers, children's guardians, adoption and foster care agency workers, mental health professionals, solicitors and other professionals in this field.



"Thank you so much to Sue. An outstanding training and a very experienced professional." - Feedback from previous Assessing Safe Parenting virtual training, 2023

Our Training Events

GIVING EXPERT OPINION AND TESTIMONY

- Learn about the basics of the court process and practical strategies to help you feel more confident if you are ever called to provide your testimony.
- Will focus on developing understanding of how an expert provides evidence in court and how to manage challenges.



4TH MARCH, 10.00AM-3.00PM



DR SUE CANDY



£ £65 + VAT (78 INC VAT)



Suitable for all professionals who provide their expert opinion and for those looking to become an expert witness.

VICARIOUS TRAUMA

- Consider trauma, vicarious trauma, resilience, self-care, organisational resilience and workplace cultures.
- Explore the impact that working with traumatised people can have on you and how to successfully manage this.
- Provide practical strategies for building resilience and implementing effective self-care into your daily routine.



24TH MARCH, 9.30AM-11.30AM



DR REBECCA TUCKER



£ £35 + VAT (£42 INC VAT)



Suitable for any professional working with people who have experienced trauma.

EXPLORING WAYS TO SUPPORT CHILDREN AND YOUNG PEOPLE IMPACTED BY DOMESTIC ABUSE - HEARING THE CHILD'S VOICE

- Will draw upon findings from 'All Jumbled Up' (2024 research by Northumbria University - a spotlight on teacher and child experience in evaluating Operation Encompass).
- You will hear from young people and schools.
- Direct links to everyday practice in education will be provided to help support young people in their trauma recovery, wellbeing and resilience.



3RD APRIL, 3.00PM-4.00PM



ELISABETH CARNEY-HAWORTH & DR EMMA CORRIGAN



FREE



Suitable for all education setting staff as well as professionals supporting young people and liaising regularly with school.



Our Training Events

INTRODUCING EMOTIONAL LITERACY

- Explore what is meant by emotional literacy and why it is important, as well as how it develops and what barriers there can be.
- Discover ways of promoting and supporting emotional literacy in those we work with and support.



**29TH APRIL,
2.30PM-4.30PM**



DR ADAM LEWIS-COLE



£35 + VAT (£42 INC VAT)



Suitable for all education setting staff as well as professionals supporting young people and liaising regularly with school.

ATTACHMENT AND TRAUMA, EMBODYING PACE

- Explore the principles and theoretical foundations of attachment and trauma, through the lens of PACE.
- Discussion of common challenges with opportunities to bring your own cases to trouble-shoot difficulties.
- Be equipped with knowledge, skills and practical strategies to embody PACE to create a therapeutic environment for recovery.



**13TH MAY,
9.30AM-12.30PM**



DR CARA REDMOND



£55 + VAT (£66 INC VAT)



Suitable for a wide variety of professionals including education staff, social workers, family support workers and residential home workers.

2025 VIRTUAL CONFERENCE

FURTHER DETAILS TO BE RELEASED SOON.



"Thank you, all of the sessions were really interesting and useful to reflect on. Great resources shared too, much appreciated." - Feedback from 2024 Virtual Conference

Our Training Events

SENSORY INTEGRATION DIFFICULTIES

THE IMPACT ON WELLBEING AND HOW TO UTILISE OUTDOOR SPACES FOR REGULATION

- Develop insight and awareness into sensory issues and the impact they have on brain development.
- Consideration of the consequences of not providing appropriate sensory intervention on behaviour, mental wellbeing and education.
- Offers practical strategies and suggestions for natural green spaces to provide opportunities for sensory-motor play and emotional regulation.



**17TH SEPTEMBER,
2.30PM-4.30PM**



HANNAH AVENT



£35 + VAT (£42 INC VAT)



Suitable for any professional working with children and young people with sensory difficulties.

"Thank you so much, really insightful and helpful training" - Feedback for previous Self-Injury training, 2024

SELF-HARM- SUPPORTING CHILDREN AND YOUNG PEOPLE

- Overview of what self-harm is and how to identify the signs that a child/young person is self-harming.
- Understand factors that may lead a young person to self-harm
- Gain strategies and ideas for how to best support a child/young person who is self-harming and to break the cycle of self-harm.



**29TH SEPTEMBER,
2.30PM-4.30PM**



DR RHIANNE HANBURY



£35 + VAT (£42 INC VAT)



Suitable for any professional working with children and young people.



Our Training Events

DEVELOPING CHILDREN AND YOUNG PEOPLE'S COMMUNICATION SKILLS: A WHOLE SETTING APPROACH



- Focus on ways to support communication skills by exploring *communication as an interaction* and the essential qualities of effective communication.
- Will cover communication challenges and barriers that children and young people face and ways to support across universal and targeted practice.
- Consider direct links to practice and ways that adaptive communication can inform collaborative target setting and working towards meaningful outcomes.



**9TH OCTOBER,
4.00PM-5.00PM**



DR EMMA CORRIGAN



£30 + VAT (£36 INC VAT)



**Suitable for any
education setting/school
professional.**



“Dr Emma Corrigan delivered the course content in a way that was both professional in-depth and yet easily accessible.” - Feedback from previous similar virtual training, 2024

SUPPORTING LEARNING USING PERSON-CENTRED PLANNING APPROACHES



- Explore how Person-Centred Planning approaches can support individualised learning plans to empower young people and support their participation and engagement.
- Opportunities to develop a practical toolkit and understand ways Person-Centred Planning Approaches can support children and young people across the age range.



**13TH NOVEMBER,
4.00PM-5.00PM**



DR EMMA CORRIGAN



£30 + VAT (£36 INC VAT)



**Suitable for any
education setting/school
professional.**

Our Training Events

SUPPORTING AND WORKING WITH ADULTS ON THE AUTISM SPECTRUM

- This course will take a neuro-affirming approach, whilst also exploring the difficulties typically experienced by those on the autism spectrum, as well as the variability experienced in strengths and challenges.
- Will explore ways to support by adapting communication and environment, whilst also increasing attendee's confidence in having neuro-affirming open conversations.



**2ND DECEMBER,
12.00PM-2.00PM**



DR KAREN KERSHAW



**£50 + VAT (£60 INC
VAT)**



**Suitable for
professionals whose role
involves helping to
support other adults.**



**To book your place on any of our
training events, please visit our
website:**

www.psychologyassociates.org.uk/events

**Further details about our other training
courses and our Training Directory can
be found on our website.**

**Alternatively, please call us if you have
any queries at all.**



0300 303 5233



psychologyassociates.org.uk

**Psychology
Associates**
●●●●●●●●