

Details of the Supervision Groups

- Groups would not be any larger than 10-12 people.
- Groups would be supervised by HCPC registered Educational or Clinical Psychologist with specialist interest and expertise in the associated areas.
- Groups would be held at a local venue or virtually to suit the needs of the staff members.

Teachers and support staff in schools have an ever-increasing role to support the Mental Health needs of their students as per the department of Health & Department for Education Green Paper: Transforming Children & Young People's Mental Health Provision, December 2017

DfE Figures show that in the 12 months to November 2016 over 50,000 qualified teachers in England left the state sector, which equates to one in ten teachers leaving the profession. We need to support our staff in order to support positive outcomes for our students.

"The quality of the individualised support provided by the agency is excellent!"

Ofsted, March 2019



For further information including costs or to make a booking:
0300 303 5233 or kaley.gibbs@psychologyassociates.org.uk

www.psychologyassociates.org.uk

Psychology Associates



Making a meaningful difference

Staff Supervision Groups

For Educational and Children's Residential Settings



Supervision Groups

Supervision groups offer the opportunity for staff to reflect on their practice, consider their own wellbeing and explore innovative ways to support children, young people and families.

Supervision for staff builds capacity within your setting and improves the effectiveness of staff whose work is intervention focused and often complex, challenging and demanding in nature. *"I now feel confident that I can offer a concise and effective programme of emotional support as a result of this training"*.

The purpose of supervision in this context is to:

- **Develop best practice through reflection.**
- **Manage the emotional and psychological impact of the work Ensure stress levels are recognised, acknowledged and attended to.**
- **Reduce time taken away from the work place with stress-related illness.**
- **Improve retention of staff.**
- **Develop competent, confident and autonomous practitioners highlight systemic issues requiring organisational/policy response.**
- **Ensure that pupils continue to receive a quality education experience.**



Psychology Associates are offering supervision groups for staff working in schools, alternative education settings and children's residential settings across the age range, and have different groups available according to staff role and areas of interest:

Social-emotional wellbeing & mental health

Staff that support children and young people's social-emotional wellbeing and mental health needs - this is suitable for LSAs (Learning Support Assistants) and ELSA trained staff (Emotional Literacy Support Assistants).

Family support & safeguarding

Staff involved with family liaison and safeguarding - this is suitable for Pastoral staff, Safeguarding Officers and Parent Support Advisor roles and LSAs.

Social Communication & Interaction

Staff that support children and young people's social communication and interaction needs - this is suitable for LSAs and staff that have the role of 'Autism Champions' in schools.

Research evidence demonstrates the efficacy of Supervision models within Health & Social Care professions and the positive impact of coaching models within education.