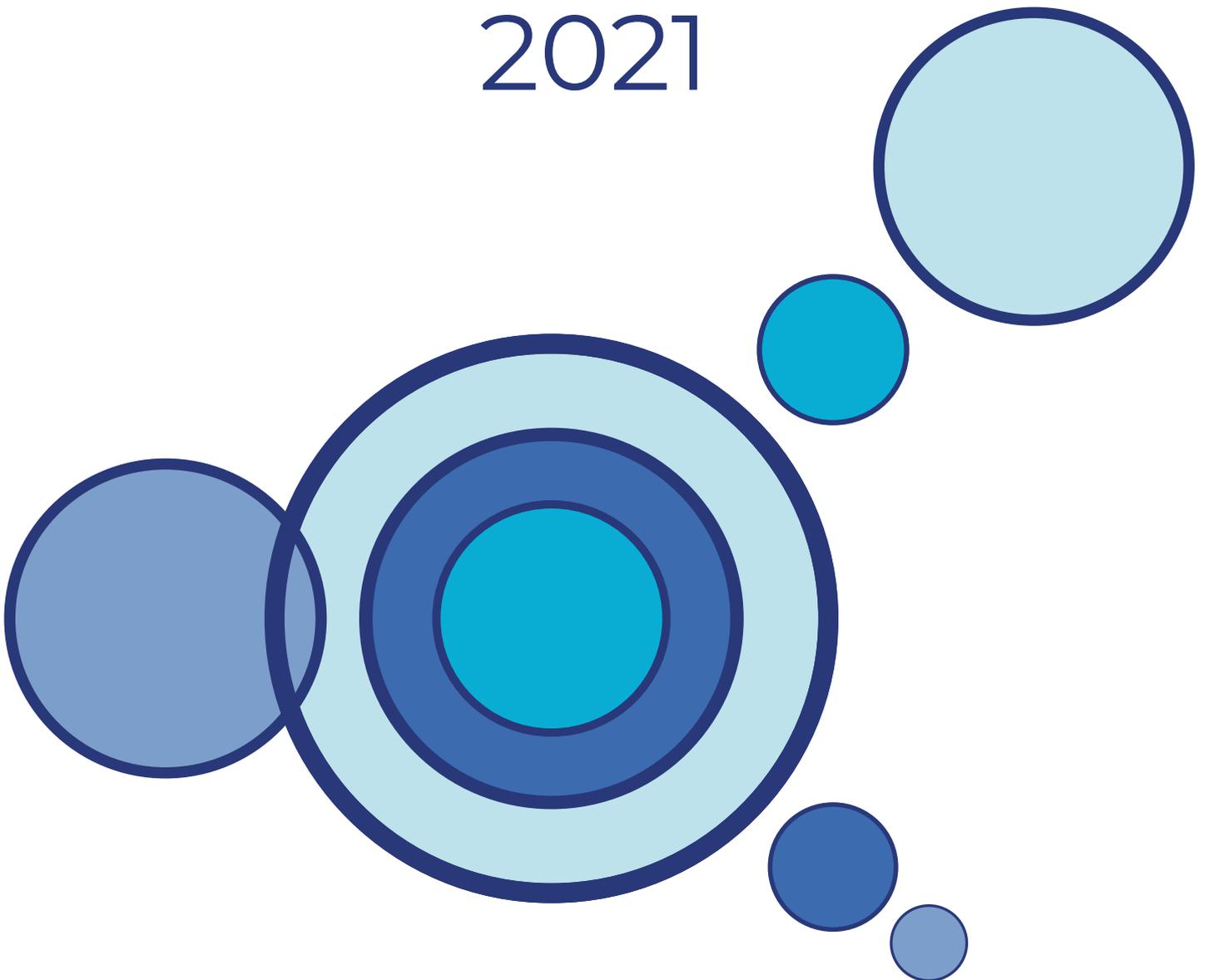


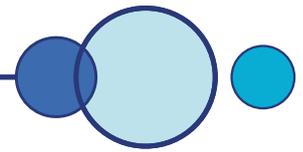
# TRAINING CALENDAR 2021



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# Who are Psychology Associates?



We are a multidisciplinary team of Clinical Psychologists, Educational Psychologists, Counsellors, Psychotherapists, Creative Therapists, Occupational Therapists & Speech and Language Therapists.

We strive to make a meaningful difference through evidence based and effective interventions including therapy, consultation, assessment, supervision, coaching and training.

We are constantly developing new training programmes to reflect developments in research, and as our expertise improves.

For nearly 20 years, Psychology Associates have provided national training, workshops and CPD programmes to other support and charitable organisations, such as Local Authorities, Regional Adoption Agencies, Schools, NSPCC, Action for Children, Legal Firms and Businesses.

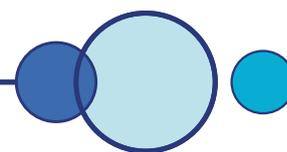
Psychology Associates is also an Ofsted Registered Adoption Support Agency. In 2019 Ofsted rated us 'Outstanding' with incredible feedback including "The agency is staffed by a range of therapists who are highly qualified, skilled and experienced in achieving excellent outcomes."

With every service we provide, whether individual therapy, training or assessments, we strive to be as ethical and forward thinking as possible to ensure the best possible service to our clients.

For more information on our services please visit  
[www.psychologyassociates.org.uk](http://www.psychologyassociates.org.uk)



# Our Training



Because of the wide range of skills, expertise and experience that our clinicians have at Psychology Associates, we are able to facilitate a variety of programmes across the mental health and wellbeing spectrums including; attachment, resilience, trauma, suicide prevention and response, de-escalation, mental health awareness, specialist support within learning disabilities and education related areas as well as providing bespoke training to businesses.

We are experts in our fields - often providing consultation and advice on the areas we train on to other organisations across the UK. With vast collective years of training and experience, we ensure our trainings are thought provoking, evidence based and provide deeper understanding and knowledge to delegates.

## Our Training in 2021

Since the beginning of the COVID-19 pandemic, our clinicians and wider team have been working hard developing our trainings and workshops that are normally delivered face to face, to become accessible virtually – but still remain engaging, evidence based and stimulating!

We have listed the trainings that we are hosting in 2021 below in chronological order. Due to the ongoing pandemic the trainings listed below are all to be facilitated virtually (unless noted otherwise).

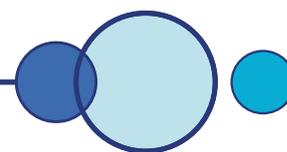
However, please do keep an eye on our website:

[psychologyassociates.org.uk/events/](https://psychologyassociates.org.uk/events/) for any additional trainings to those listed below, including virtual and face to face (dependent on government guidelines).

If you need more information on any of the below listed trainings, or would like to request a copy of our Training Directory (to have a look at other trainings and workshops we can facilitate bespoke to you and your organisation), please do get in touch - we'd love to hear from you.

**Please note we can provide most of the below trainings to you and your colleagues, at a time that might better suit your organisation.**

# Our Trainers



## Karen Allin

is an Integrative Counsellor, with additional Diplomas in Cognitive Behavioural Therapy and Supervision as well as Levels 1 & 2 in Dyadic Developmental Practice (DDP) and is an Eye Movement Desensitisation Reprocessing (EMDR) therapist. Having worked extensively with children and young people both privately and within the education system, she also works with adults presenting with trauma, abuse, depression, anxiety, bereavement

and low self-esteem, along with helping those that find themselves at a crossroads either personally or professionally. Karen also works with couples experiencing relationship difficulties. Karen has a vast knowledge and level of experience of working with a variety of clients and is incredibly creative within her therapeutic work. Karen has experience in providing supervision and training to a wide range of settings including to Schools and Residential Settings.



## Dr. Molly Bodinetz

Clinical Psychologist, is Psychology Associates' lead for adoption and fostering services and the registered manager of our adoption support agency. Molly is highly experienced in providing therapeutic intervention to children in care, children at risk of care and children who have been adopted as well as their families. Her training in Dyadic Developmental Practice (DDP) Video Interaction Guidance (VIG) and Non-Violent Resistance (NVR) allows Molly to work successfully and

compassionately with children and their families with complex and challenging needs. She has pioneered the involvement of service users in our recruitment and policy making procedures. Molly has also worked on both adult and adolescent forensic wards within the NHS, providing individual and group therapeutic interventions. Molly's breadth and depth of knowledge and experience of working with complex trauma makes her a popular trainer. She is also sought after to provide consultation to organisations who work with young people in care.

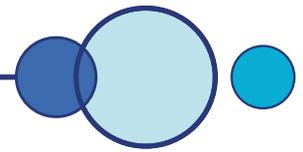


## Dr. Val Brooks

Consultant Speech and Language Therapist, joined Psychology Associates in early 2018, and is an award-winning clinician and a registered member of the Royal College of Speech and Language. She also provides training and is a popular keynote speaker at conferences. Before joining Psychology Associates, Val's role within the Devon Youth Offending Service, focused on working with children and young people at risk of social and academic exclusion and offending. Val specialises in providing support to individuals who have a complex Developmental Language Disorder (DLD), language and communication

difficulties, and attachment difficulties. Val's expertise lies in differential diagnosis of language and communication impairments and attachment trauma and has extensive experience in assessing the language development and social cognition skills of older children and adolescents. Val has an interest in the development of mentalization skills in children and young people and the impact of language disorders. Val is trained to provide Mentalization Based Treatment for Children (MBT-C) as well as being ACT trained with a focus on differentiating this approach for young people with communication difficulties.

# Our Trainers



## Dr. Sue Candy

is a Consultant Clinical Psychologist and Director at Psychology Associates. Sue has extensive experience as a clinician, especially working with children and families. Sue provides therapeutic support to children and young people who have been adopted, and their adopted families.

She has over 20 years experience providing expert witness testimony to the Courts, with particular specialism in assessing parenting capacity and attachment. Sue also specialises in providing training to professionals of large organisations such as NSPCC, Action For Children and Barnardo's.



## Dr. Emma Corrigan

Senior Educational Psychologist, with extensive experience of working with families, schools and education providers to support children and young people in their educational progress, wellbeing and achievement. Emma has provided training, mainly around attachment and

trauma, to educational settings throughout the South West and further afield. Emma is Psychology Associates' Clinical Lead for Schools, Colleges and Services for Education, leading our multi-disciplinary services for education and providing supervision to Educational Psychologists and other clinicians supporting Educational Settings.



## Dr. Kat Damazer

Clinical Psychologist who specialises in working with children and families. Kat's work is underpinned by values of compassion and acceptance and works with individuals to explore how their past and present experiences impact on their

emotional wellbeing. As well as undertaking direct work with families and children who have experienced trauma, Kat provides support to social workers, foster carers and family support workers, helping them process the challenges of working in emotionally demanding roles.



## Dr. Kerry Davison

Clinical Psychologist and Clinical Director, Kerry has been with Psychology Associates since 2013 and is a highly experienced Clinical and Community Psychologist. Her expertise includes providing a wide variety of therapeutic intervention to individuals across the lifespan, who are experiencing complex mental health difficulties. Kerry is our Clinical Director which entails overseeing all of our Clinical Services, including Therapy, Assessments, Multidisciplinary services, Training and Services to businesses and organisations. Part of Kerry's role is ensuring our clinical services are continuously improving and

developing. Kerry manages and provides clinical supervision to members of the multi-disciplinary team. She is passionate about protecting and enhancing the mental health and well-being of everyone within the practice. Kerry provides supervision, individual and group consultation to a wide variety of organisations, promoting Mental Health informed decision making and practices. As well as holding a doctorate in Clinical and Community Psychology, Kerry is an accredited practitioner and trainee supervisor in Video Interaction Guidance (VIG). She has also successfully completed the practicum to become a certified practitioner in Dyadic Developmental Psychotherapy (DDP).

# Our Trainers



## Betsy De Theirry

is a practicing psychotherapist and a qualified primary school teacher who has founded several charities that work directly with troubled families. She is a trauma specialist who is an expert in her field. Her training and consultation is in high demand with teachers, therapists, psychologists, paediatricians, social workers, parenting support workers and the police. Betsy has

authored several bestselling books including 'Teaching the Child on the Trauma Continuum' (2015), 'The Simple Guide to Sensitive Boys' (2017), 'The Simple guide to Shame in Children' (2018), 'The Simple Guide to Attachment Difficulties' (2019) and 'The Simple guide to Complex Trauma and Dissociation' (October 2020). In May 2021 she will be releasing 'The Simple Guide to Collective Trauma'.



## Dr. Sue Drake

Clinical Psychologist and is a Consultant, Trainer and Practitioner in DDP. Sue is a HCPC Registered Clinical Psychologist who worked for the NHS for more than 15 years. In particular, her work was specialised in assessment and therapy

with traumatised and looked after children, individually and alongside their families and carers. Sue has delivered training and supervision to other staff in this area, and managed a small team of professionals delivering a service to children in care and their families and carers.



## Dr. Karen Kershaw

Clinical Psychologist, who specialises in supporting individuals across the lifespan who are experiencing mental health difficulties such as anxiety, depression, bereavement and trauma. Karen has provided training, including Mental Health Awareness Training, to a variety

of different organisations such as teachers, social workers, social care inspectors and charities. Karen is one of Psychology Associates' most senior and experienced psychologists and has worked within a variety of healthcare settings such as CAMHS.

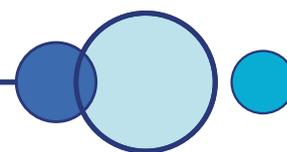


## Dr. Adam Lewis-Cole

Adam Lewis-Cole is an Educational Psychologist and joined Psychology Associates in 2019, and is experienced in working with children, young people and families. Adam previously worked as a teacher and programme leader in Further Education. He has experience

in providing assessment, consultation, intervention and training to support children and families with a wide range of Special Educational Needs. Adam has provided training and workshops on a wide range of topics surrounding child development and education including on attachment, trauma, precision teaching and working memory.

# Our Trainers



## Trudy Richards

Specialist Occupational Therapist, who has worked as a children's Occupational Therapist for the last 15 years. Trudy provides assessments and interventions to help people achieve functional independence and quality of life and specialises in children's sensory processing and fine motor difficulties. She has completed her Sensory

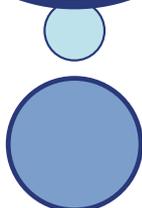
Integration II training and is a qualified Bobath therapist. Trudy works with children with varied and complex difficulties including autism, cerebral palsy, dyspraxia, ADHD, chronic fatigue syndrome and learning disabilities. Trudy has provided trainings and workshops to a variety of different professionals such as teachers, social workers and psychologists.



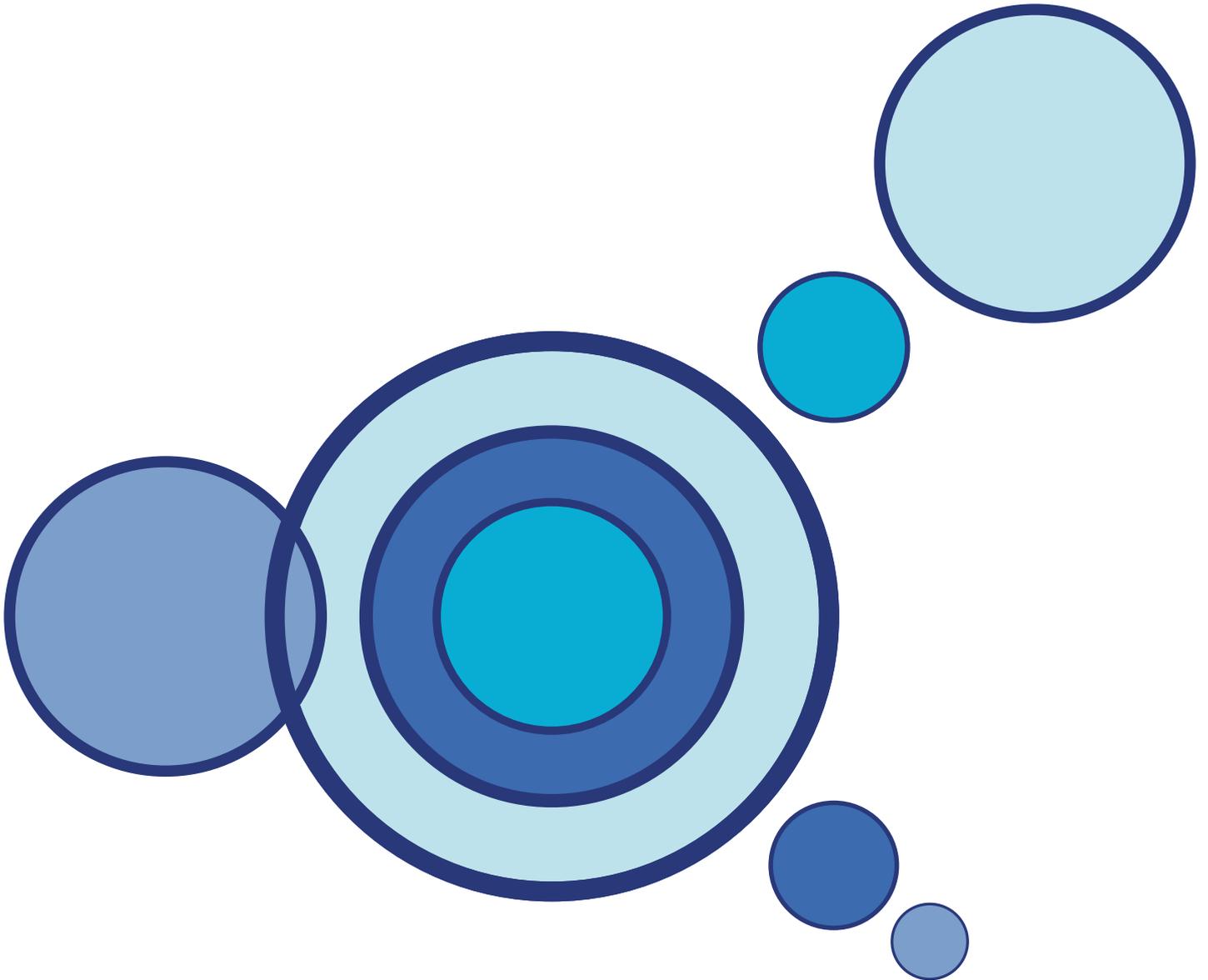
## Jane Yeomans

Educational Psychologist, was a Primary and Special school teacher for 15 years, including being SENCo in two primary schools. She began her career as an Educational Psychologist over 25 years ago, and has worked for several Local Authorities in the Midlands. Jane was an Academic and Professional tutor with the Birmingham Educational Psychology training course for many

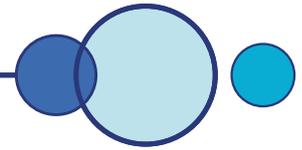
years, and she maintains links with the course via an Honorary Clinical Lecturer post, delivering teaching for Year 1 trainees. She is also involved in distance learning and is the Deputy Programme Director for the Real Training MEd SEND programme. Jane has had a longstanding interest in DA and is an accredited DA, Bright Start and Instrumental Enrichment practitioner.



# Our 2021 Trainings



# Mental Health Awareness Training for Line Managers



**Dr Karen Kershaw, Clinical Psychologist**  
**18th January 2021 9.30am – 1pm**  
**£45+vat per delegate**

This workshop is applicable to all line managers from across different professions (for example; Teaching, HR, Financial, Sport, Health & Social Care, Industrial) who want to be better equipped at supporting those they line manage with their mental health and wellbeing.

Stress, depression and anxiety are thought to be responsible for 83 million lost working days each year in the UK\*. It is even more crucial now, with the impact of COVID-19, that line managers have the knowledge and the skills to support those they line manage with their emotional wellbeing.

The workshop will be held over Zoom and will provide delegates with an understanding of mental health difficulties, including main symptoms, and provide

strategies around how best to support those they line manage, who may be presenting with these symptoms.

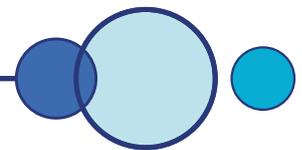
The training will ensure Managers feel more confident in having open, safe and honest conversations around mental wellbeing, have knowledge to signpost colleagues to appropriate avenues, and feel more comfortable considering how to reduce the impact of COVID-19 on their employee's mental health.

\*Das-Munshi et al., 2008

***“Very well presented. The trainer gave examples in a meaningful and accessible way. Engaging and thought-provoking. Really enjoyed this training”***

**Delegate from Mental Health Awareness Training, November 2019**

# Assessing Safe Parenting



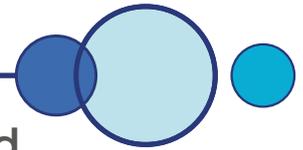
**Dr Sue Candy, Director and Consultant Clinical Psychologist**  
**19th January 2021 10am – 4pm**  
**£65+vat per delegate**

This training will look at the factors that impact on parenting capacity and presents a model of how to assess if a parent is a safe carer, and if they are not, what needs to happen for them to become safe.

Healthy parenting brain systems will be described and brought to life with examples

drawn from clinical work. Strategies to build increased parenting capacity will be introduced. This training is suitable for social workers, children's guardians, adoption and foster care agency workers, psychologists, solicitors and other professionals working in this field.

# What is Therapeutic Parenting? A Virtual Q&A



**Dr Molly Bodinetz, Clinical Psychologist and  
Lead for Fostering and Adoption Services**

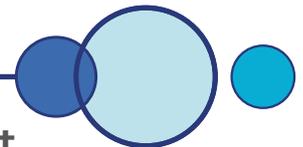
**1st February 2021 12 noon – 1pm**

**Free**

This is a one hour Q&A session, delivered by Dr Molly Bodinetz, who will introduce you to the ideas behind Therapeutic Parenting, which is an approach to caring for children and young people that focusses on the meeting of emotional needs.

The session is suitable for any parents, carers or professionals caring for or working with children and young people who have experienced trauma in their early years, and will give you the opportunity to ask an experienced clinician questions on this topic.

## Introducing Dynamic Assessment: An Interactive Approach Linking Assessment and Intervention



**Dr Jane Yeomans, Educational Psychologist**

**28th January and 11th February 2021 1.00pm-4.00pm**

**£65+vat per delegate (both workshops)**

These workshops will be an introduction to Dynamic Assessment (DA), which is a unique approach to assessment that involves the assessor actively and deliberately interacting with the learner in order to bring about change.

It is focussed on the processes of learning and giving insights into how individuals learn and solve problems. The thinking (cognitive) skills that are assessed through DA are cross-curricular, and are so important in helping individuals to become effective and independent learners at all phases of education. Participants will therefore have the tools to assess thinking that can be used across the 0 to 25 age range covered by the SEND Code of Practice.

Although no prior knowledge or experience of DA is needed and the sessions will introduce all relevant theory and principles, the workshops are also intended to refresh

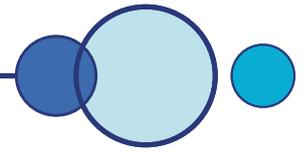
and extend upon existing training and skills.

The workshops will include:

- Principles of DA
- Mediation: how to bring about change during assessment
- Choosing and administering DA tests
- Using 'off the shelf' games and puzzles dynamically.
- Using DA for specific aspect of SEND. For example, speech, language and communication needs (SLCN) or specific learning difficulties (SpLD)
- A format for planning DA, classroom observation of cognitive functions, recording DA Assessment and feeding back outcomes.

These workshops are suitable for professionals working in the area of SEND: SENCos, specialist teachers, speech and language therapists, Educational Psychologists, Clinical Psychologists, and Assistant Psychologists.

# Holding All the Parts in Mind – Understanding, Recognising, and Working with Complex Trauma & Dissociation.



**Betsy De Thierry and members of Psychology Associates' Multidisciplinary Team.**

**15th March 2021 9.30am – 15.15pm**

**Early Bird rate of £60+vat per delegate!**

**(£75+vat from January 29th 2021)\***

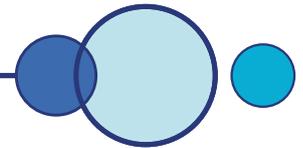
We are very excited to welcome renowned speaker, author and trainer Betsy De Thierry for a day of interactive and insightful training which will provide a deeper understanding of Trauma and Dissociation to professionals from a range of fields.

This training will be valuable for mental health professionals, education

professionals, health and social care professionals and parents and carers. The day will include an opportunity to ask questions and receive some consultation from Betsy and a panel of experts from Psychology Associates' Multidisciplinary team.

\*Please also get in touch for group booking and trainee discounts.

## Vicarious Trauma Workshop



**Dr Kat Damazer, Clinical Psychologist**

**8th March 2021 3.00-5.00pm**

**£35+vat per delegate**

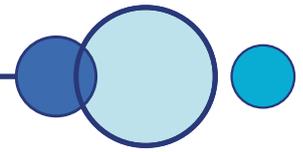
Mental health professionals, medical staff, social workers, drug alcohol workers and solicitors are routinely exposed to high levels of psychological trauma when supporting their clients. This work can have an impact on their psychological health and is often cumulative. Over time it can lead to mental health difficulties, with the associated human and financial cost of sickness absence and low staff retention. At times, staff report that trauma they encounter at work re-triggers personal experiences of trauma or distress in

their own lives. This workshop aims to raise awareness about the risks of vicarious trauma to health and social care staff and to equip workers with ideas and strategies to prevent it from occurring. It will be delivered using information sharing, pair and group discussions with the aim of supporting each worker to begin to identify practical ideas to prioritise their own wellbeing at work.

*"Would definitely recommend this training and would attend other courses provided by Psychology Associates!"*



## Having Difficult Conversations



**Dr Kerry Davison, Clinical Psychologist  
and Clinical Director**  
**25th March 3.00-5.00pm**  
**£40+vat per delegate**

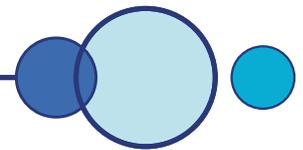
This training will be beneficial for any professional, especially those who line manage or appraise, who have difficult conversations with either fellow employees and/or clients, customers or those you support in your profession (such as parents and carers).

Having a difficult conversation can be anxiety provoking which, in turn, can lead to key messages of the conversations being misunderstood and misleading. This

training will use knowledge and skills from therapeutic practice to help provide you with more confidence and practical methods to have difficult conversations while remaining calm, compassionate and facilitating a mutually helpful outcome.

The training will be led by Dr Kerry Davison who has experience in providing consultation and support to a wide range of individuals such as teachers, businesses and carers and parents.

## Keeping Language in Mind



**Dr Val Brooks, Consultant Speech  
and Language Therapist**  
**21st April 2021 4.00-5.30pm**  
**£40+vat per delegate**

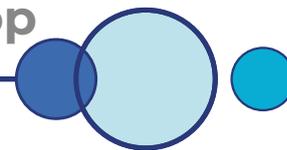
Developmental Language Disorders (DLD) have been called “the most common disability you will never have heard of” (Prof Courtenay Norbury). DLD is 10 times more common than autism and affects around 2 pupils in every class of 30. However, it can be difficult to identify and often goes unrecognised especially in children and young people who are at risk of school exclusion, are in care, are presenting with mental health difficulties, are vulnerable to exploitation, or known to youth offending and drug and alcohol services.

This presentation will explore the impact of DLD and Adverse Childhood

Experiences (ACEs) on children and young people’s development and behaviour. It will look at the implications for emotional well-being, education and social relationships. This presentation aims to raise awareness about DLD and is suitable for all those working with vulnerable children and young people including teachers, teaching assistants, therapists, residential home support workers.

***“The most inspirational training—heart-breaking yet hopeful. I can’t wait to get back to my setting and see my pupils through new eyes.”***

# Sensory Processing Difficulties Workshop



**Trudy Richards,**  
**Specialist Occupational Therapist**  
**11th May 2021 10am – 12 noon**  
**£40+vat per delegate**

This training will be held by our resident Specialist Occupational Therapist who has vast experience in working with children and young people with Sensory Processing (SP) difficulties. The workshop will provide an overview of SP and sensory integration theory, and how SP difficulties will manifest in a child's behaviour.

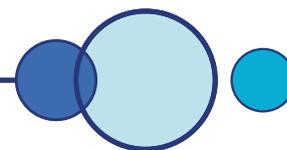
help children and young people with SP to regulate. It will include how to best support a young person with SP difficulties within different settings, including education and the home. The workshop will be suitable for professionals who work in education, social workers and mental health professionals.

The training will develop a wider understanding of an individual's 7 senses and how they can be affected by SP difficulties. The training will provide delegates with strategies on how to

*"Fantastic, really interesting, informative and enjoyable day. Very interesting"*



## Keeping Language in Mind – Understanding Children and Young People with SEMH Needs, in Partnership with Plymouth MARJON University.



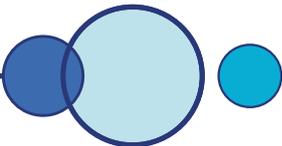
**Dr Val Brooks, Consultant Speech  
and Language Therapist**  
**Date: 12th, 13th and 14th May 2021**  
**Cost from £450 (inc. vat) per delegate**  
**(please enquire for more information)**



This new and innovative course will provide advanced post-graduate training on the relationship between language development and social-emotional development. The focus will be on children and young people with Developmental Language Disorders (DLD) who have social, emotional and mental health needs

(SEMH). Numbers are strictly limited and early booking is advised. Delegates with undergraduate degrees have the option of submitting an additional piece of written work leading to 30 Masters level credits (please see additional information document for more information).

## Power Threat Meaning Framework



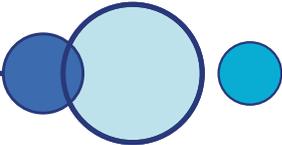
**Dr Kat Damazer, Clinical Psychologist**  
**2nd June 2021 3.00pm-5.00pm**  
**£45+vat**

This two-hour workshop will focus on The Power Threat Meaning Framework, which from a Division of Clinical Psychology funded project aimed at developing a conceptual approach that moves away from the diagnostic model that situates the 'illness' entirely within the person (body and brain) and ignores social and cultural contributing factors. The framework advocates for a change of language from 'what is wrong with you?' to 'what has happened to you?'

This workshop is suitable for anyone working in health, social care and education settings, and will explore:

- The development of the framework – context and theory
- The use of the framework in clinical practice – case study and group discussion
- Critique of the framework – from clinicians and clients.

## Dyadic Developmental Practice Training - Level 1



**Dr Sue Drake, Clinical Psychologist and DDP Trainer**  
**7th, 8th, 9th and 10th June 2021**  
**£720+vat per delegate**

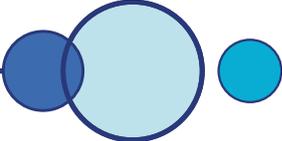
**(Please note this training may be face to face dependent on government guidelines surrounding COVID-19. Please get in touch with us for more information).**

This is an introductory 4-day course on Dyadic Developmental Practice (DDP), an intervention model developed by Dan Hughes, Clinical Psychologist.

This approach assists therapists and other professionals to understand and effectively support children, young people and their families. In this model, theory and research

in the areas of developmental trauma, attachment theory, intersubjectivity and child development are integrated to produce a therapeutic approach used for relationship development and trauma resolution. DDP recognises the vital role which adoptive parents, foster carers and residential workers play as primary attachment figures in the recovery of traumatised, distrusting children. The principles and interventions are presented through presentations, discussion, videotape of sessions, role-play, and handouts.

## Giving Expert Opinion and Testimony



**Dr Sue Candy, Clinical Psychologist  
and Director**

**8th June 2021 9.30am – 4pm**

**£60+vat**

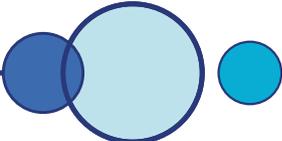
Sue Candy has been giving expert testimony since 1993 and has accumulated extensive experience, including high profile and complex cases.

This training seeks to explain and demystify the Court Arena for Psychologists practicing in a range of fields from Child & Family, Criminal and Clinical Negligence.

Sue will take you through step by step the

expert process; from taking instruction, assessment and formulation, report and giving testimony in Court. Although the training will be virtual, it will be practical and engaging and ensure you leave the training feeling more confident in providing your expert opinion. Previous similar trainings have been proven to be really popular so we recommend you book your place soon! We also provide a discount for our network of Associates.

## Precision Teaching Essentials



**Dr Adam Lewis-Cole, Educational  
Psychologist**

**10th June 2021 2.30pm – 5.00pm**

**£40+vat per delegate**

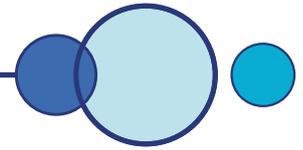
Precision Teaching is a widely recommended, evidence-based intervention which supports children and young people in acquiring new skills and knowledge.

The Essentials course is a two and a half hour workshop (being held virtually via Zoom), with a short break. The Essentials course is ideal for those who wish to begin using Precision Teaching with children and young people, or those who would like a refresher. There is also an advanced course which explores using Precision Teaching to support a wider range of skills including numeracy (we recommend that this course can be completed once you have been able to practice using Precision Teaching). This session will cover the theory and principles of the approach and go through,

step-by-step, how to design, run and evaluate the intervention. We will focus on using Precision Teaching to support reading (See to Say). All the materials you need to get up and running with Precision Teaching will also be provided and there will be opportunities for practice and Q&A throughout so that you can build confidence and explore queries as they arise.

***“I strongly believe anyone and everyone within the EO therapeutic area should attend this training. It is absolutely invaluable.”***

## Expanding Your Creative Therapeutic Toolbox 'Part 2'



**Dr Kerry Davison, Clinical Psychologist and Director and Karen Allin, Counsellor**  
**17th June 2021 10.00am – 3.00pm**  
**£60+vat per delegate**

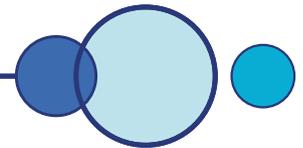
An opportunity to join this fun and interactive training hosted by clinicians from our experienced multidisciplinary team.

'Part 2' of the workshop will provide you with more creative ideas and techniques, applicable for any professionals working with children and adults, to increase your therapeutic toolbox. As this is 'Part 2' the

workshop will contain additional ideas and can be used alongside part 1 or as a stand-alone workshop.

The day will allow you to try out and explore creative approaches to your work and offer the chance to reflect on how to use and apply them in your professional setting.

## Mental Health Awareness Training for Line Managers



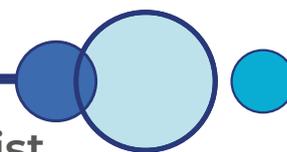
**Dr Karen Kershaw, Clinical Psychologist**  
**27th September 2021 9.30am – 1pm**  
**£45+vat per delegate**

This workshop is applicable to all line managers from across different professions (for example; Teaching, HR, Financial, Sport, Health & Social Care, Industrial) who want to be better equipped at supporting those they line manage with their mental health and wellbeing.

Stress, depression and anxiety are thought to be responsible for 83 million lost working days each year in the UK\*. It is even more crucial now, with the impact of COVID-19, that line managers have the knowledge and the skills to support those they line manage with their emotional wellbeing.

The workshop will be held over Zoom and will provide delegates with an understanding of mental health difficulties, including main symptoms, and provide strategies around how best to support those they line manage, who may be presenting with these symptoms. The training will ensure Managers feel more confident in having open, safe and honest conversations around mental wellbeing, have knowledge to signpost colleagues to appropriate avenues, and feel more comfortable considering how to reduce the impact of COVID-19 on their employee's mental health.

# Understanding Trauma and Attachment in the Classroom



**Dr Emma Corrigan, Educational Psychologist and Lead for Services to Education**

**28th Sept 3.30-5.00pm**

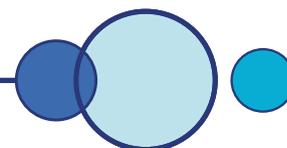
**£40+vat per delegate**

This will be an interactive training session for educational professionals who are keen to develop their understanding of attachment and trauma and to explore therapeutic approaches that build emotional security.

This course will be facilitated by Dr Emma Corrigan, Lead Educational Psychologist at

Psychology Associates, who has vast experience in providing trainings to a wide range of educational and residential settings. This training is particularly suitable for professionals who already have an awareness and understanding of trauma and attachment and are working with children and young people with complex trauma histories.

# Dyadic Developmental Practice Training - Level 2



**Dr Sue Drake, Clinical Psychologist and DDP Trainer**

**18th, 19th, 20th and 21st October 2021**

**£720+vat per delegate**

**(Please note this training may be face to face dependent on government guidelines surrounding COVID-19. Please get in touch with us for more information).**

This four day course is open to those professionals who have undertaken Level 1 training and are beginning to use the principles and interventions of Dyadic Developmental Practice, Parenting and Psychotherapy in their day to day work.

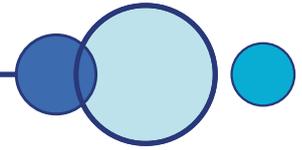
It focuses on gaining a deeper understanding of the theory, successes and barriers experienced by participants

in applying the model in practice, more videos and discussion of DDP and the impact of participant's own attachment experiences. It is helpful if participants have examples of their own therapeutic practice, such as case studies and/or recordings, to share with the group.



*"Really informative and helpful. I thoroughly enjoyed the presentation."*

# Expanding Your Creative Therapeutic Toolbox - A Virtual Workshop



**Dr Kerry Davison, Clinical Psychologist  
and Director and Karen Allin, Counsellor**

**18th November 2021 10am – 3pm**

**£65+vat per delegate**

This fun and interactive training, hosted by clinicians from our experienced multidisciplinary team via Zoom, will provide you with a vast range of creative ideas and techniques applicable for any professional working with children or young adults to add to their 'Therapeutic Toolbox'. The day will allow you to try out and explore creative techniques and will provide a chance to reflect on how to

use and apply them to your professional setting. This training will be suitable and beneficial for any professional who supports children and young people including educational professionals, mental health professionals, residential support workers and managers, social workers and youth workers.

# Psychology Associates

